



2018 Swimming Pool Programs

Swimming
Lessons for
children and
adults

Aqua-Fit
Classes

Public Swimming
&
Lane Swimming

Open 1
Additional Week
After Lessons
End

Family Fun
Splash Pad, Pool
Slide & Playground
Equipment

Pool & Splash Pad
Heated to 80°F

Pool Location: 138 North Street, Glencoe, ON
Pool Phone: 519-287-2947 (Operational June 19) Municipal Office Phone: 519-287-2015

CONTENTS

PROGRAM INFORMATION

- A. RED CROSS SWIM PRE-SCHOOL
- B. RED CROSS SWIM KIDS
- C. BRONZE STAR, BRONZE MEDALLION, BRONZE CROSS, SWIM TEAM INFORMATION
- D. ADDITIONAL SWIMMING INFORMATION / POOL POLICIES, ETCETERA

SAVE 10% BY
COMING TO THE EARLY REGISTRATION EVENING -
THURSDAY, JUNE 7
AT THE ARENA (138 MILL STREET, GLENCOE)
6:00 P.M. TO 9:00 P.M.

Pool Phone Number (Operational as of June 19)
519-287-2947

POOL OFFICIALLY OPENS TO THE PUBLIC
ON JUNE 19 WITH A
FREE SWIM
TO BE HELD FROM 7:00 P.M. TO 8:30 P.M.

First session swimming lessons begin on Monday July 2nd

Our mission is to provide leadership, knowledge and awareness of the aquatic programs offered at the Southwest Middlesex pool. This facility strives to continue to work hand-in-hand with community members and the municipality to respond to the needs of our dedicated public. We are continually striving to do our best to make your visit to the Southwest Middlesex pool something special!

Red Cross Swim Levels

Preschool (4 months-6 years):



Starfish



Duck



Sea Turtle



Sea Otter



Salamander

Swim Kids Levels:

Additional Information about the Red Cross Swimming Programs can be obtained by calling 1-877-356-3226 or by visiting their web site at www.redcross.ca



1 through 10

RED CROSS SWIM PRE-SCHOOL - Starfish Level

Swimming

- Getting wet (assisted)
- Supports and hold techniques for the caregiver
- Submersion (optional)
- Buoyancy and movement (assisted)
- Front position (assisted)
- Back position (assisted)
- Vertical position (assisted)
- Move forward (assisted)
- Move backward (assisted)

Water Activities:

- Play and songs

Skills and Water Safety:

- Facility orientation and active supervision
- Shallow water entries and exits (caregiver and child)
- Show how to stay warm
- When and how to get help
- Choking prevention
- Choosing a PFD



Let's Make a Splash!

Participant Requirements:

Participant should be 4 to 12 months of age or older, able to hold their head up and participating with a parent or caregiver.

Lesson Length:

½ hour - Monday through Friday for a two week period

Session Time Options:

11:00 a.m. to 11:30 a.m.
5:00 p.m. to 5:30 p.m.



RED CROSS SWIM PRE-SCHOOL - Duck Level

Swimming:

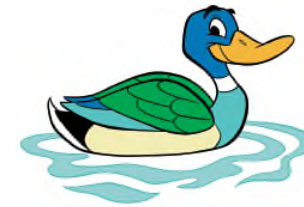
- Getting wet (assisted)
- Submersion (optional)
- Intro to rhythmic breathing/breath control (assisted)
- Buoyancy and movement (assisted)
- Move forward (assisted)
- Move backward (assisted)
- Front float and recovery (assisted)
- Back float and recovery (assisted)

Water Activities:

- Play and songs
- Uses buoyant object for support (assisted)

Skills and Water Safety:

- Facility orientation and active supervision
- Stop! Look! Ask!
- Shallow water entries and exits (caregiver and child)
- PFD and Me (assisted)
- Show how to stay warm
- Buoyant objects
- Change direction (assisted)
- When and how to get help
- Choking Prevention
- Choking response



Let's Splash Together!

Participant Requirements:

12 to 24 months of age or older and participating with a parent or caregiver.

Lesson Length:

½ hour - Monday through Friday for a two week period

Session Time Options:

11:00 a.m. to 11:30 a.m.
5:00 p.m. to 5:30 p.m.



RED CROSS SWIM PRE-SCHOOL - Sea Turtle Level

Swimming:

- Getting wet
- Submersion - 3 seconds
- Intro to rhythmic breathing/breath control
- Buoyancy and movement (assisted)
- Shallow water movement
- Front float and recovery - 3 seconds (assisted)
- Back float and recovery - 3 seconds (assisted)
- Front and back glide and recovery (assisted)
- Basic kick on front (assisted)
- Front swim (assisted)

Water Activities:

- Play and songs/relay
- Kick on front using buoyant aid - 2 metres (assisted)

Skills and Water Safety:

- Facility orientation and active supervision
- Stop! Look! Ask! (find the adult)
- Entries and exits (assisted)
- Jump into chest deep water and return (assisted)
- PFD and Me (assisted)



Let's Jump In!

Participant Requirements:

24 to 36 months of age or older and participating with a parent or caregiver.

Also for anyone 3 years of age and older and just starting out - previous lessons not necessary.

Lesson Length:

½ hour - Monday through Friday for a two week period

Session Time Options:

11:00 a.m. to 11:30 a.m.
5:00 p.m. to 5:30 p.m.



RED CROSS SWIM PRE-SCHOOL - Sea Otter Level

Swimming:

- Open eyes under water (attempted)
- Rhythmic breathing 3 times
- Front float and recovery - 3 seconds
- Back float and recovery - 3 seconds
- Front glide - 3 seconds
- Back glide - 3 seconds (assisted)
- Front swim - 1 metre (assisted)

Water Activities:

- Play and songs
- Kick on front using buoyant aid - 1 metre
- Distance Swim: 1 metre (assisted)

Skills and Water Safety:

- Facility orientation and active supervision
- Stop! Look! Ask! (find the adult)
- Safe entries and exits
- PFD and Me (assisted)



You Can Jump Right In!

Participant Requirements:

3 to 5 years and can comfortably move and float with assistance and put their face in the water.

Lesson Length:

½ hour - Monday through Friday for a two week period

Session Time Options:

9:30 a.m. to 10:00 a.m.
10:00 a.m. to 10:30 a.m.
10:30 a.m. to 11:00 a.m.
11:00 a.m. to 11:30 a.m.
5:00 p.m. to 5:30 p.m.



RED CROSS SWIM PRE-SCHOOL - Salamander Level

Swimming:

- Open eyes under water (attempted)
- Rhythmic breathing 5 times
- Front float and recovery
- Back float and recovery
- Front glide with kick - 2 metres
- Back glide with kick - 2 metres
- Roll-over glide, front to back - 2 metres
- Roll-over glide, back to front - 2 metres
- Front swim - 2 metres

Water Activities:

- Play and songs
- Kick on front using buoyant aid - 2 metres
- Distance Swim: 2 metres

Skills and Water Safety:

- Facility orientation and active supervision
- Stop! Look! Ask! (find the adult)
- Weight transfer in shallow water
- Jump into chest deep water
- PFD and Me (assisted)
- Buoyant objects
- Surface support (assisted) - 5 seconds



You Can Jump Right In!

Participant Requirements:

3 to 5 years and can comfortably move and float with assistance and put their face in the water.

Lesson Length:

½ hour - Monday through Friday for a two week period

Session Time Options:

9:30 a.m. to 10:00 a.m.
10:00 a.m. to 10:30 a.m.
10:30 a.m. to 11:00 a.m.
11:00 a.m. to 11:30 a.m.
5:00 p.m. to 5:30 p.m.



RED CROSS SWIM KIDS - Level 1

Swimming:

- Rhythmic breathing - 5 times
- Front float and recovery - 3 seconds
- Back float and recovery - 3 seconds
- Front glide - 5 seconds
- Front glide with kick - 5 metres
- Back glide - 5 seconds
- Rollover glides - 5 seconds (assisted)
- Front swim - 5 metres

Fitness Activities:

- Flutter kick - 5 metres (assisted)
- Distance swim - 5 metres

Skills and Water Safety:

- Site orientation
- Supervision
- Shallow water entries/exits
- Submerge head
- Exhale through mouth and/or nose

Lesson Length: ½ hour - Monday through Friday for a two week period	Session Time Options: 9:30 a.m. to 10:00 a.m. 10:00 a.m. to 10:30 a.m. 10:30 a.m. to 11:00 a.m. 11:00 a.m. to 11:30 a.m. 5:00 p.m. to 5:30 p.m.
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RED CROSS SWIM KIDS - Level 2

Swimming:

- Rhythmic breathing - 10 times, 2 ways
- Front glide with flutter kick - 10 metres
- Back glide with flutter kick - 5 metres
- Side glide with flutter kick - 5 metres (assisted)
- Roll over glide with flutter kick - 5 metres
- Front swim - 5 metres

Fitness Activities:

- Flutter kick - 10 metres (assisted)
- Distance swim - 10 metres

Skills and Water Safety:

- Facility/Site rules
- EMS/9-1-1
- Intro to PFD/Lifejacket
- Weight transfer - shallow water
- Deep water activities (assisted)

Lesson Length: ½ hour - Monday through Friday for a two week period	Session Time Options: 9:30 a.m. to 10:00 a.m. 10:00 a.m. to 10:30 a.m. 10:30 a.m. to 11:00 a.m. 5:30 p.m. to 6:00 p.m.
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RED CROSS SWIM KIDS - Level 3

Swimming:

- Rhythmic breathing - 15 times
- Front glide with flutter kick - 15 metres
- Back glide with flutter kick - 10 metres
- Side glide with flutter kick - 10 metres
- Front glide/side glide combo - 10 metres (assisted)
- Front swim - 10 metres

Fitness Activities:

- Flutter kick - 15 metres
- Distance swim - 15 metres

Skills and Water Safety:

- When and where to swim
- PDF/lifejacket - deep water
- Weight transfer, shallow water
- Deep water floats - 5 seconds
- Jump in, change direction, return to safety - deep water
- Surface support - 20 seconds, deep water
- Sitting dive, change direction, return to safety

Lesson Length: ½ hour - Monday through Friday for a two week period	Session Time Options: 9:30 a.m. to 10:00 a.m. 10:00 a.m. to 10:30 a.m. 5:00 p.m. to 5:30 p.m.
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RED CROSS SWIM KIDS - Level 4

Swimming:

- Rhythmic breathing - 15 times (front crawl specific)
- Front glide/side glide combo - 15 metres
- Back swim with shoulder roll - 15 metres
- Front crawl - 10 metres

Fitness Activities:

- Flutter kick on back - 15 metres
- Distance swim - 25 metres

Skills and Water Safety:

- Self-safety
- Show how to contact EMS/9-1-1
- Self-safety - safe diving
- Introduction to sculling, shallow water
- Kneeling dive
- Surface support, deep water - 45 seconds

Lesson Length: ½ hour - Monday through Friday for a two week period	Session Time Options: 9:30 a.m. to 10:00 a.m. 10:00 a.m. to 10:30 a.m. 5:00 p.m. to 5:30 p.m.
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RED CROSS SWIM KIDS - Level 5

Swimming:

- Rhythmic breathing - 20 times, 2 ways
- Front crawl - 15 metres
- Back crawl - 15 metres
- Whip kick on back - 10 metres

Fitness Activities:

- Flutter kick - 25 metres
- Distance swim - 50 metres

Skills and Water Safety:

- How to be a safe boater
- Staying warm
- Cold water HELP/HUDDLE
- Disorienting entries
- Tread water - 1 minute
- Stride dive
- Head-first sculling on back - 5 metres

Lesson Length: ¾ hour - Monday through Friday for a two week period	Session Time Options: 10:30 a.m. to 11:15 a.m. 11:15 a.m. to 12 noon 5:30 p.m. to 6:15 p.m.
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RED CROSS SWIM KIDS - Level 6

Swimming:

- Front crawl - 25 metres
- Back crawl - 25 metres
- Elementary back stroke - 15 metres

Fitness Activities:

- Dolphin kick - 10 metres
- Distance swim - 75 metres

Skills and Water Safety:

- Causes of boating incidents
- When and where to go on ice
- Distressed swimmer recognition and simulation
- Throwing assist without a line
- Head-first sculling on back - 10 metres
- Tread water, deep water - 1 minute & 30 seconds
- Front dive

Lesson Length: ¾ hour - Monday through Friday for a two week period	Session Time Options: 8:30 a.m. to 9:15 a.m. 5:30 p.m. to 6:15 p.m.
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RED CROSS SWIM KIDS - Level 7

Swimming:

- Front crawl - 50 metres
- Back crawl - 50 metres
- Elementary back stroke - 25 metres
- Front scull - 15 metres
- Whip kick on front - 15 metres

Fitness Activities:

- Dolphin kick - 15 metres
- Distance swim - 150 metres

Skills and Water Safety:

- Mild and severe airway obstruction
- Choking rescue, mild and severe airway obstruction, conscious person
- Throwing assist with a line
- Reaching assist with rescue equipment
- Stride entry

Lesson Length: 1 hour - Monday through Friday for a two week period	Session Time Options: 8:30 a.m. to 9:30 a.m. 11:00 a.m. to 12 noon 5:30 p.m. to 6:30 p.m.
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RED CROSS SWIM KIDS - Level 8

Swimming:

- Front crawl - 75 metres
- Back crawl - 75 metres
- Elementary back stroke - 25 metres
- Breast stroke - 15 metres

Fitness Activities:

- Eggbeater/tread water - 3 minutes
- Distance swim - 300 metres

Skills and Water Safety:

- Hypothermia
- Dangers of open water
- Rescue breathing, adult and child
- Feet-first surface dive
- Standing shallow dive

Lesson Length: 1 hour - Monday through Friday for a two week period	Session Time Options: 8:30 a.m. to 9:30 a.m. 11:00 a.m. to 12 noon 5:30 p.m. to 6:30 p.m.
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RED CROSS SWIM KIDS - Level 9

Swimming:

- Front crawl - 100 metres
- Back crawl - 100 metres
- Elementary back stroke - 50 metres
- Breast stroke - 3 lengths of 25 metres
- Side stroke kick - 15 m

Fitness Activities:

- Travelling legs - only 3 minutes
- Distance swim - 400 m

Skills and Water Safety:

- Wise choices and peer influence
- Complications of rescue breathing
- Boating regulations
- Self-rescue - fallen through ice
- Head-first surface dive

Lesson Length: 1 hour - Monday through Friday for a two week period	Session Time Options: 8:30 a.m. to 9:30 a.m.
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RED CROSS SWIM KIDS - Level 10

Swimming:

- Front crawl - 100 metres
- Back crawl - 100 metres
- Elementary back stroke - 50 metres
- Breast stroke - 50 metres
- Side stroke - 25 metres

Fitness Activities:

- Dolphin kick - 3 times for 10 seconds
- Distance swim - 500 metres

Skills and Water Safety:

- Sun smart
- Ice rescue from safe zone
- Next steps
- Head/feet first surface dive with underwater swim - 2 metres

Lesson Length: 1 hour - Monday through Friday for a two week period	Session Time Options: 8:30 a.m. to 9:30 a.m.
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BRONZE STAR

Preparation course for Bronze Medallion for those aged 12 years and up who have completed all 10 levels of Swim Kids. This is not a required course but will help transition your swimmer into Bronze Medallion which can only be taken by those 13 years of age and up. Classes start on Tuesday July 3 and are held every Tuesday and Thursday for eight weeks.

BRONZE MEDALLION

Prerequisite for Bronze Cross program. Participant must be 13 years of age or have successfully completed Bronze Star. Participants will receive a manual as part of the registration cost. It is important that participants attend all classes - no more than four classes can be missed. Classes start on Tuesday July 3 and are held every Tuesday and Thursday for eight weeks. The final examination date is Thursday August 23.

BRONZE CROSS

Prerequisite for National Lifeguard Service (to become a lifeguard). Participant must be 13 years of age, have Bronze Medallion and Emergency First Aid. Participants will receive a manual as part of the registration cost. It is important that participants attend all classes - no more than four classes can be missed. Classes start on Tuesday July 3 and are held every Tuesday and Thursday for eight weeks. The final examination date is Thursday August 23.

AQUA FIT/LANE SWIM

Adults only time to enjoy water fitness to music, swim some laps or do your own thing. All swimming abilities welcome for aqua fit classes. Evening and weekend aqua fit classes are available in June as of opening day. Please note that Lane Swim is not available during 7:45-8:30 a.m. classes.

PRIVATE & SEMI-PRIVATE LESSONS

Private & Semi-Private Red Cross lessons are available for swimmers ages 4 months to adult in 30-minute sessions. Semi-Private lessons-max. 2 students, for eight 30-minute lessons, with both students being within 1 swim level of each other or both at level 6 or higher. Not available for session #1 and session #2 evenings.

SPECIAL NEEDS LESSONS

One-on-one 30-minute lessons every Sunday for 8 weeks. Focusing on child's individual needs/goals. Not a certified Red Cross level.

SWIM TEAM (Recreational)

The swim team is a great way to improve your swim strokes. All new swim team members must be level 2 or higher. Fee covers the swim meet hosted in Glencoe (July 21) and 3 weekday practices. Members are welcome to compete in additional meets at an extra cost. Practices begin on Monday July 2 and end on Wednesday August 22.

PUBLIC SWIM

Public swim is for all age groups that are able to swim on their own or under the supervision of a responsible caregiver. Please note shorter Tuesday and Thursday evening swims.

PASSES

Single season passes and family season passes are available for purchase. A season pass can save a lot of money over the swimming season. These passes are also eligible for the early registration discount.

POOL RENTALS

The pool is available for private rentals and birthday parties. Please note that alcohol is not allowed at this facility. Pool rental is on an hourly basis and the rent is based on the number of guards required (minimum of 2 at any function).

SWM POLICIES

Program Information:

- See page 17 for fees and pages 18 and 19 for aquatic schedule.
- Maximum participants per class: 10 (parent & tot), 6 (Sea Otter & Salamander), 6 (Swim Kids Level 1 through 4), 8 (Swim Kids Level 5 & 6), 10 (Swim Kids Level 7 through 10).
- Programs will run as per schedule if classes reach a required number of participants. Where participants fall below the minimum number, every effort will be made to combine lessons. Lesson times and levels available may change depending on enrollment.
- Please be on time for your lesson as instructors must start classes as scheduled.
- Classes run during rain showers but no one is allowed in the water if there is lightning and thunder.
- Please ensure that your child uses the washroom before lessons and don't forget sunscreen.
- Parents and/or custodians of children are responsible for maintaining the *SwimKids* report card on the various swim program levels attained by the participant. Proof of successful completion is required in order for the participant to proceed to the next level.

Registration:

- Participants must be pre-registered in order to ensure that classes are filled appropriately.
- Registration must be completed in person as spaces will not be held without payment.
- Please keep your receipt which will be given to you at the time of registration. You may be able to claim all or a portion of the lesson cost on your income tax.

Payment:

- Payment in full is required before the lesson starts.
- Make cheques payable to Southwest Middlesex Pool.
- Post-dated cheques are not acceptable for early registration.
- Cheques will only be accepted for lesson registration and season passes - all other payments must be made in cash.
- N.S.F. cheque fee is \$30.00

Refunds/Cancellations:

- Refunds and cancellations may be authorized in the case of an emergency, illness, compassion or other extenuating circumstance at the discretion of the management. Original receipt showing payment in full will be required in order to process any such request.
- All refunds and/or cancellations are subject to a \$10.00 processing fee where no lessons have been taken. Cancellations after the program has begun will be pro-rated based on participation during the first half of the program.
- Cancellations are not refundable after the first half of the program.

Miscellaneous:

- No toys/devices other than devices available at the pool are allowed in pool area.
- Life jackets are available for use at the pool for children unable to touch the bottom of the pool. Quantities are limited. Caregiver supervision is still required at all times.
- Water wings are not a safety device but an assistive device only - we recommend life jackets which may be brought to the pool.
- **Parents/caregivers must stay outside of the pool during lessons unless directed otherwise by the aquatic staff.**

SWIMMING SCHEDULE

Swimming Lessons

Swimming lessons are offered in four 2-week long sessions for Swim Preschool and for Swim Kids Programs.

Session 1 runs from **July 2 to July 13**

Session 2 runs from **July 16 to July 27**

Session 3 runs from **July 30 to August 10**

Session 4 runs from **August 13 to August 24**

Times of the lessons available are as noted in the section describing each level.

Morning and **evening** lessons are available for Swim Preschool and Swim Kids programs. Evening lessons are often combined with other levels and are limited in the number of participants that can be registered and some levels may not be offered during the evening. Morning lessons are encouraged for more flexibility and availability.

Drop in lessons are available during the week of August 27 to 31. Ideal for those wanting to work on specific skills that may ultimately let them pass their current level (at the recommendation and discretion of the instructor). Lessons must be booked at least one day in advance.

There is no guarantee of the same instructor for every lesson.

For more detailed information, please see the Schedules on page 18 and 19.

Additional Programs

Aqua-fit will be held Monday to Thursday from 7:45 a.m. to 8:30 a.m. **Aqua-fit & Lane Swim** offered Monday, Wednesday and Friday from 4:15 p.m. to 5:00 p.m. and Tuesday and Thursday from 6:30 p.m. to 7:00 p.m. Weekend classes offered Saturday and Sunday from 3:30 p.m. to 4:15 p.m. Advanced Aqua-fit class available Friday from 12:00 p.m. to 1:00 p.m. Monthly passes available.

Public Swimming will be held every afternoon 7 days a week from 1:30 p.m. to 3:30 p.m. Evening public swims are Monday, Wednesday and Friday from 6:30 p.m. to 8:30 p.m. and Tuesday and Thursday from 7-8:30 p.m.

Free Public Swims are held throughout the season, refer to back cover (page 20) for dates & times.

Sea-Mail will enable you to receive e-mailed updates for any special pool events. Call or email to enroll.

Splash Pad is open for the season from June 19th to September 3rd. The hours are weekdays 8:00 a.m. to 8:30 p.m. and weekends from 10:00 a.m. to 7:00 p.m.

An Extra Week of Swimming Fun with a special pool schedule for the week of August 27th to 31st. See inside of back cover (page 19) for that schedule.

Can I Play Too? 50% subsidy on pool registration fees for families that qualify. Forms available at registration night, online, and at municipal office.

2018 SWIMMING POOL RATES		
	Regular Price	Early Registration Price
Regular Lessons		
Swim Preschool Classes	\$69.00	\$62.00
Swim Kids-Level 1, 2, 3, 4	\$69.00	\$62.00
Swim Kids-Level 5, 6	\$75.00	\$68.00
Swim Kids-Level 7, 8, 9, 10	\$81.00	\$73.00
Bronze Star	\$81.00	\$73.00
Bronze Medallion	\$164.00	\$148.00
Bronze Cross	\$164.00	\$148.00
Private Lessons		
1/2 Hour	\$112.00	\$101.00
1/2 Hour Semi Private (per child) Refer to page 14 for details.	\$102.00	\$92.00
Drop In Lessons (Aug 28-Sep 1 only)	\$16.00/30 minutes	n/a
Special Needs	\$86.00	\$77.00
Recreational Swim Team		
Per Participant	\$59.00	\$53.00
Family Rate (3+ children)	\$120.00	\$108.00
Passes		
Single Season Pass	\$120.00	\$108.00
Family Season Pass	\$302.00	\$272.00
Aqua-fit Monthly Pass	\$76.00	\$68.00
Daily Admission		
Aqua-Fit or Lane Swim 30 minute	\$4.75	
Aqua-Fit or Lane Swim 45 minute	\$5.25	
Aqua-Fit or Lane Swim 60 minute	\$6.50	
Public Swim	1.5 Hour	2 Hour
Preschool (under 4)	\$ 1.25	\$ 1.50
Children & Youth (ages 4-13)	\$ 2.00	\$ 2.50
Adults (14+)	\$ 3.00	\$ 3.50
Family Rate	\$ 7.00	\$ 8.50
Swimming Pool Rental		
\$85.00 per hour which includes 2 lifeguards. Any additional lifeguards will be charged at a rate of an additional \$22.00.		

HST included in above prices

2018 SCHEDULE - GLENCOE POOL - JULY 2 TO AUGUST 26

NOTE - weekday evening public swims, weekday evening aqua fit & weekend afternoon schedule begin Tuesday June 19.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	
7:45-8:30	Aqua-Fit					CLOSED	CLOSED	
8:30-9:00	Morning Lessons							
9:00-9:30								
9:30-10:30								
10:30-11:00								
11:00-11:30								
11:30-12:00	Private and Semi-Private Lessons				Advanced Aqua-Fit w/Lane Swim			
12:00-12:30								
12:30-1:00								Special Needs Lessons
1:00-1:30	Lunch							
1:30-3:30	Public Swim							
3:30-4:15	Swim Team	Bronze Medallion	Swim Team	Bronze Medallion	Swim Team	Aqua-Fit/Lane Swim		
4:15-5:00	Aqua-Fit/Lane Swim		Aqua-Fit/Lane Swim		Aqua-Fit/Lane Swim			
5:00-5:30	Evening Lessons					CLOSED	CLOSED	
5:30-6:00								
6:00-6:30	Evening, Private & Semi-Private Lessons				Evening Lessons			
6:30-7:00		Aqua-Fit/Lane Swim		Aqua-Fit/Lane Swim				
7:00-8:30	Public Swim	Public Swim	Public Swim	Public Swim	Public Swim			

See next page for August 27th to 31st schedule.

2018 POOL SCHEDULE - August 27th to 31st

	MONDAY 27	TUESDAY 28	WEDNESDAY 29	THURSDAY 30	FRIDAY 31
12:30-1:30	Call the pool at least 1 day in advance to book drop-in lessons.				
1:30-3:30	Public Swim				
3:30-4:30	Aqua-Fit/Lane Swim				

NOTE: Pool closes at 4:30 on August 21, Splash Pad closes evening of Monday September 3.

Pool Address: 138 North Street, Glencoe

Pool Telephone # (As Of June 19th)

519-287-2947

Municipal Office #: 519-287-2015

Fax #: 519-287-2359

Email: info@southwestmiddlesex.ca

GLENCOE POOL DATES TO REMEMBER!

THURSDAY JUNE 7	<p>Early Registration Date - SAVE 10%</p> <p>Glencoe Arena 6-9pm. Bring your child's last swimming report card for quicker registration. Payment by cash or cheque only</p>
TUESDAY JUNE 19	<p>Pool and Splash Pad Opening Date</p> <p><u>FREE</u> Aqua-Fit from 6:30 - 7:00pm</p> <p><u>FREE</u> Public Swim from 7:00-8:30pm</p> <p>Weekday Evenings: Aqua-Fit and Public Swims Start</p>
SATURDAY JUNE 23	<p>Weekend Public Swims and Aqua Fit Sessions Start</p>
SUNDAY JULY 1	<p>Canada Day <u>FREE</u> Public Swim 1:30-3:30pm</p>
MONDAY JULY 2	<p>Session 1 Swimming Lessons Start</p> <p>Full Schedule Starts (See Page 18)</p>
TUESDAY JULY 3, 10, 17, 24, 31 and AUGUST 7	<p><i>Beat the Heat with <u>FREE</u> Sponsored Public Swims by <u>Tim Hortons</u></i></p> <p style="text-align: center;">7:00 - 8:30 pm</p>
Thursday July 5, 12, 19,26, August 2 & 9	<p><i>Beat the Heat with <u>FREE</u> Sponsored Public Swims by <u>Eastlink</u></i></p> <p style="text-align: center;">7:00 - 8:30 pm</p>
MONDAY JULY 16	<p>Session 2 Swimming Lessons Start</p>
SATURDAY JULY 21	<p>SWM Gators Swim Meet (no public swim nor Aqua Fit this day)</p>
SUNDAY JULY 22	<p>Tartan Days <u>FREE</u> Public Swim 1:30-3:30pm</p>
MONDAY JULY 30	<p>Session 3 Swimming Lessons Start</p>
MONDAY AUGUST 13	<p>Session 4 Swimming Lessons Start</p>
AUGUST 27-31	<p>Extra Week of Swimming with Special/Shortened Daily Schedule</p>
FRIDAY AUGUST 31	<p>Final day the pool is open for the season</p>
MONDAY SEPT 3	<p>Final day the splash pad is open for the season</p>